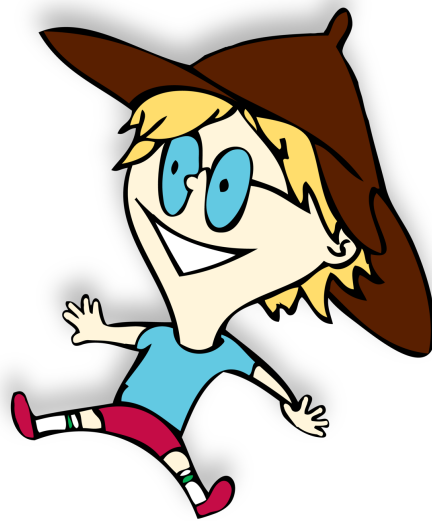


## Sax's Awesome Asian Dipping Sauce

### Ingredients

- 3 lbs green beans
- 1 cup mayonnaise, lowfat
- 4 tsp soy sauce, low sodium
- 1 tsp sugar
- 2 tsp lemon juice
- 2 tsp wasabi paste or powder
- 1/8 cup LivSpoon



### Instructions

1. Blanch green beans in two batches in the large saucepan or steamer of boiling water for 3 minutes. Transfer to a colander and rinse under cold running water to stop cooking. Drain well and pat dry.
2. Whisk together mayonnaise, soy sauce, sugar, lemon juice, and wasabi paste or powder until sugar is dissolved.
3. Serve beans with 1/8 cup LivSpoon of dip.

Prep time: **5** minutes  
 Cook time: **3** minutes  
 Ready in: **8** minutes

Course: Appetizer or Snack  
 Serving size: **2** tbsp dip  
 Yield: **8** servings  
 Calories: **38** calories per serving of dip

**Menu: serve 1/8 cup LivSpoon of the dipping sauce with 6 ounces green beans; 140 calories per person.**